

**BS Nutrition: Lifestyle Nutrition Concentration**

Name: \_\_\_\_\_ ID: \_\_\_\_\_

| S/Yr  | 1 <sup>st</sup> Semester                              | cr        | gr | prereq | S/Yr  | 2 <sup>nd</sup> Semester                       | cr        | gr | prereq                      |
|-------|---|-----------|----|--------|-------|--|-----------|----|-----------------------------|
| _____ | BIO100 Intro Biology <sup>A,B,C</sup>                 | 3         |    |        | _____ | CHE107 Gen Chem <sup>A,B,C</sup>               | 4         |    |                             |
| _____ | First Year Experience                                 | 4         |    |        | _____ | CRL107 Gen Chem Lab <sup>A,B,C</sup>           | 1         |    |                             |
| _____ | NTD205 Food Select & Prep <sup>A,B</sup>              | 3         | C  |        | _____ | MAT121 Intro Statistics                        | 3         | C  |                             |
| _____ | NTD303 Intro Human Nutr <sup>A,B,C</sup>              | 3         | C  |        | _____ | NTD200 Nutr & Culture (J) <sup>A,B,C</sup>     | 3         | C  |                             |
| _____ | WRT120 Effective Writing 1                            | 3         |    |        | _____ | WRT200-level (200, 204, 205, 206, 208, or 220) | 3         |    |                             |
|       |   | <b>16</b> |    |        |       |  | <b>14</b> |    |                             |
| S/Yr  | 3 <sup>rd</sup> Semester                              | cr        | gr | prereq | S/Yr  | 4 <sup>th</sup> Semester                       | cr        | gr | prereq                      |
| _____ | BIO259 Anat & Physio 1 <sup>A,B,C</sup>               | 4         |    |        | _____ | BIO269 Anat & Physio 2 <sup>A,B,C</sup>        | 4         |    | BIO259                      |
| _____ | *I COURSE (highly recommend NTD/ANT277 <sup>A</sup> ) | 3         |    |        | _____ | *ART   | 3         |    |                             |
| _____ | NTD309 Nutr Lifecycle <sup>A,B</sup>                  | 3         | C  | NTD303 | _____ | SOC100 or ANT102                               | 3         |    |                             |
| _____ | PSY100 Intro Psych (E)                                | 3         |    |        | _____ | NTD310 Nutr Research <sup>A,B</sup>            | 3         | C  | MAT121                      |
| _____ | SPK199, 208, or 230 (S)                               | 3         |    |        | _____ | MKT 250 Princ Marketing <sup>A,B,C</sup>       | 3         |    |                             |
|       |   | <b>16</b> |    |        |       |  | <b>16</b> |    |                             |
| S/Yr  | 5 <sup>th</sup> Semester                              | cr        | gr | prereq | S/Yr  | 6 <sup>th</sup> Semester                       | cr        | gr | prereq                      |
| _____ | NTD422 Sports Nutrition <sup>A,B</sup>                | 3         | C  | NTD303 | _____ | NTD420 Obesity <sup>A,B</sup>                  | 3         | C  | NTD303                      |
| _____ | NTD410 Quantity Foods <sup>A,B</sup>                  | 3         | C  | NTD205 | _____ | NTD416 Foodserv/Nutr Mgmt <sup>A,B</sup>       | 3         | C  | NTD410                      |
| _____ | *Humanities Gen Ed                                    | 3         |    |        | _____ | *Humanities Gen Ed                             | 3         |    |                             |
| _____ | EXS180 Lifetime Fitness Concepts <sup>A,B</sup>       | 3         |    |        | _____ | EXS380 Ex Physiology <sup>A,B,C</sup>          | 3         |    | EXS180,<br>BIO269<br>BIO269 |
| _____ | ACC201 Accounting <sup>A,B,C</sup>                    | 3         |    |        | _____ | EXL380 Ex Physiol Lab <sup>A,B,C</sup>         | 1         |    |                             |
|       |   | <b>15</b> |    |        |       |  | <b>13</b> |    |                             |
| S/Yr  | 7 <sup>th</sup> Semester                              | cr        | gr | prereq | S/Yr  | 8 <sup>th</sup> Semester                       | cr        | gr | prereq                      |
| _____ | NTD425 Entrepreneurial Nutr Mgt <sup>A</sup> (W,S)    | 3         | C  | NTD416 | _____ | NTD415 Community Nutr <sup>A,B</sup>           | 3         | C  | NTD309                      |
| _____ | NTD404 Nutr, Disease, Health <sup>A</sup>             | 3         | C  | NTD309 | _____ | NTD409 Nutr Comm/Counsel <sup>A,B</sup> (W,S)  | 3         | C  | NTD404                      |
| _____ | ELECTIVE  | 3         |    |        | _____ | ELECTIVE                                       | 3         |    |                             |
| _____ | ELECTIVE  | 3         |    |        | _____ | ELECTIVE                                       | 3         |    |                             |
| _____ | ELECTIVE  | 3         |    |        | _____ | ELECTIVE                                       | 3         |    |                             |
|       |   | <b>15</b> |    |        |       |  | <b>15</b> |    |                             |

\* Go to <http://catalog.wcupa.edu/undergraduate/general-education-requirements/approved-gen-ed-course-list/> for list of currently approved Gen Ed courses; <sup>A</sup>Offered Fall semester; <sup>B</sup>Offered Spring semester; <sup>C</sup>Offered summer session.

|  |            |     |            |     |           |                       |            |            |   |
|--|------------|-----|------------|-----|-----------|-----------------------|------------|------------|---|
|  | (W) NTD425 | (W) | (W) NTD409 | (I) | (J)NTD200 | (S)<br>SPK208,230,199 | (S) NTD425 | (S) NTD409 | (E) PSY100 (transferred<br>doesn't count) |
|--|------------|-----|------------|-----|-----------|-----------------------|------------|------------|---|

Trans. Credits

Fall 2025