

# LGBTQIA+ MENTAL HEALTH RESOURCES

## THRIVE Lifeline

24/7 text-based support for mental health and/or identity support by and for marginalized individuals.

Text 'THRIVE' to 313-662-8209

## Trevor Project LGBTQIA+ Hotline

Connect to a crisis counselor 24/7, 365 days a year, from anywhere in the U.S via text, chat, or phone. 100% confidential and 100% free.

Call 866-488-7386; Text 'START' to 678-678

## Call Blackline

24/7 crisis support with a BIPOC, LGBTQ+, and Black Femme lens.

Call 800-604-5841

## LGBT Equality Alliance of Chester County

Chester county's LGBT focused alliance fosters inclusivity, well being, and social justice for the LGBTQ+ community through advocacy.

Web: [lgbteachesco.org/](http://lgbteachesco.org/)

## Eastern PA Trans Equity Project

EPTEP provides direction to resources for trans and gender diverse Pennsylvanians such as gender affirming care, support groups, and more!

Web: [patransequity.org/](http://patransequity.org/)



## CONTACT US!

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610-436-3147

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# MENTAL HEALTH RESOURCES

## WCU Community Mental Health Services

Provides low cost, high-quality psychotherapy and testing for children and adults. Call 610-436-2510 or email [cmhs@wcupa.edu](mailto:cmhs@wcupa.edu)

## AFSP Support Groups

Find a support group, in-person or online, through the American Foundation for Suicide Prevention.

Web: [afsp.org/find-a-support-group/](https://afsp.org/find-a-support-group/)

## Ambler Counseling

Authentic therapeutic care including LGBTQIA+ specific services.

Web: [amblercounseling.com/](https://amblercounseling.com/)

## The Peacemaker Center

The Peacemaker Center offers clinical counseling, therapy, and social work services to address a variety of concerns for individuals of all ages, regardless of ability to pay.

Web: [thepeacemakercenter.org/](https://thepeacemakercenter.org/)

## Therapy Center for Transformational Growth

TCTG is a trauma-informed, identity-affirming therapy practice rooted in social work values. They serve people, especially those from marginalized communities.

Web: [therapycenterforgrowth.com/](https://therapycenterforgrowth.com/)



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